



## Winter Ski/Ride Essential Eligibility Criteria - Phase 0 & Phase 1

*(updated 12/15/20 to reflect Addendum 8 to VT Executive Order 01-20)*

Vermont Adaptive Ski and Sports' programs are open to all individuals who can satisfy the following:

1. Breathe independently (i.e. not require medical devices to sustain breathing)\*
2. Can participate safely and independently in a one on one lesson with a Vermont Adaptive instructor, without assistance (companions are not currently permitted on Vermont Adaptive lessons, per Executive Order). This includes such tasks as:
  - a. Manage personal care and hygiene independently.\*
  - b. Willing and able to wear all required safety equipment including helmets, goggles, proper outdoor winter clothing, etc., and can put them on and take them off without assistance.
  - c. Follow instructions and effectively communicate independently particularly during times of distress, injury, illness, or emergency.
  - d. Get in, on, off, out, or otherwise access appropriate equipment and facilities without assistance.\*
  - e. Can safely ride appropriate surface or aerial lifts ALONE and without assistance.
    - i. This includes having been seizure-free for 6-months OR having a note from a doctor that specifically clears the athlete for riding lifts alone.
  - f. Able to negotiate appropriate terrain and operate appropriate equipment (skis, snowboards, sit equipment, etc.) without assistance including being able to get up from a fall without assistance.
  - g. Willing and able to wear face masks, gloves, eye protection and other Personal Protective Equipment as required by state regulation and Vermont Adaptive Protocols and can put them on and off without assistance.
  - h. Able to maintain appropriate (10-foot) physical distancing from all other people.
  - i. Able to maintain adequate nutrition, hydration, dress, and other personal needs independently for the duration of the lesson. This includes administering medications and preventatives, use of restrooms, dressing, etc.\*
3. Able to get to and from program locations independently.\*
4. Willing and able to participate in Daily Health Screenings and temperature checks.\*
5. Show no signs or symptoms of COVID-19 and have no reason to believe they have been exposed.
6. Willing and able to follow and attest to the Vermont Cross State Travel Restrictions and provide legal attestation to that fact to Partner Resorts and Vermont Adaptive.\*
7. Able to provide their own food, water bottle, and other consumable needs.\*

\*Participants would be eligible to participate in Vermont Adaptive programs if they can meet these criteria with the assistance of a trained aide (including service animals, translators, etc.) or with the assistance of a parent, caregiver or other assistant whom the participant is already exposed to. Current Executive Orders in Vermont preclude the use of companions on recreational or sport lessons/trainings/practices. Minors and Wards may meet some of these criteria through permission or assistance from a parent or guardian.

Vermont Adaptive Ski and Sports and its host sites may adopt appropriate policies and procedures to allow for participation which are subject to change without notice.

In the interest of safety, Vermont Adaptive Ski and Sports reserves the right to make final decisions on the appropriate equipment and protocols for each participant.