

## Winter Return to Play Phase 3

(updated 12/22/2020 to reflect the 12/17/2020 ACCD Memo on “Be Smart Stay Safe”)

### Phase 3: Groups of 6, No Contact

- Volunteers, Staff, and Interns may provide lessons.
- 2 or more instructors, as needed, may be on a lesson with an athlete and any required companions from the same household.
- No restrictions on the number of Households on lessons, as long as physical distancing can be maintained
- No more than 6 total people may be on any lesson. Fewer is better, to minimize contacts, but any needed companions are welcome and encouraged to join.
- Companions from the same HOUSEHOLD must do ALL close contact work including fitting equipment and clothing, riding lifts, tethering, equipment assistance, any other physical assistance and assistance after a fall.
- Close contact (between Households within 10 feet) skiing/riding is prohibited. This includes bamboo, ski pole assists, horse and buggy, tethering, assistance after falls, and all other close contact assistance adaptations.
- A 10-foot physical distance will need to be maintained between HOUSEHOLDS. No exceptions. Companions from the same household may be in close contact as needed and at their discretion.
- Only households may ride lifts together. Athletes and Instructors may not ride lifts together at this time.
- PPE and Masks, consistent with CDC Guidelines, state guidance, and Vermont Adaptive policies, must be worn anytime you are inside or may come within 10 feet of another person.
- At this time, no indoor space is available from VT Adaptive. All indoor space is the public spaces managed by the resorts. Plan to get ready at your vehicle.
- Athletes must meet all Phase 2/3 Essential Eligibility Criteria.
- If an athlete does not have his/her own independent transportation method, a parent/caregiver or other driver must be available within 10 minutes for the duration of the lesson
- “Arrive, Play, Leave.” No congregating, no socializing, no gathering.