

Summer 2021 Return to Play Phases

(updated 4/6/2021 to reflect "Vermont Forward- Roadmap to Reopening")

Phase 4: Vermont Forward Step Two

o Effective May 1, 2021

- o Volunteers, Staff, and Interns may provide lessons.
- o 2 or more Instructors, as needed, may be on a lesson with an athlete and any required companions from the same household.
- o No restrictions on the number of Households on lessons, as long as physical distancing can be maintained
- o No more than 6 UNVACCINATED (COVID-19) people may be on any lesson. Fewer is better, to minimize contacts, but any needed companions are welcome and encouraged to join.
- o VT Adaptive Health Screen including vaccination status, test results, and symptoms from the last 14 days is required from anyone in contact with a lesson
- o All Instructors, Athletes, and Companions must meet and attest to meeting the VT Travel Rules.
 - (Currently: Fully vaccinated people may travel without testing or quarantine. Unvaccinated who have been out of state must show proof of a negative test within 3 days of programming or arrival in the state.)
- o Companions from the same HOUSEHOLD must do ALL close contact work including fitting equipment and clothing, riding tandem equipment, equipment assistance, any other physical assistance and assistance after a fall.
- o Only households may ride lifts, paddle craft, bikes, or other tandem equipment together. Athletes and Instructors may not ride lifts together at this time.
- o Vaccination status does not change any program protocols. Fully vaccinated may travel to and from the state without quarantine or test.
- o A 10-foot physical distance SHOULD be maintained between HOUSEHOLDS under most circumstances. Companions from the same household may be in close contact as needed and at their discretion.
- o Masks, consistent with CDC Guidelines, state guidance, and Vermont Adaptive policies, must be worn anytime you are within or may come within 10 feet of another person.
- o One person per 100 square feet may be in an indoor space at any one time.
- o Athletes must meet all Phase 2/3/4/5 Essential Eligibility Criteria.
- o No restrictions on availability of transportation.
- o Masks and 10-foot physical distancing between households is required during any socializing or congregating. No more than 6 unvaccinated people per group.
- o Universal Guidance in Effect:
 - 1. Stay home if sick
 - 2. Wear a mask
 - 3. Ensure six foot spaces and uncrowded places
 - 4. Practice good hygiene
 - 5. Think before you travel