

## Summer 2021 Return to Play Phases

(updated 4/6/2021 to reflect "Vermont Forward- Roadmap to Reopening)

- **Phase 5: Vermont Forward Step Three**

- Volunteers, Staff, and Interns may provide lessons.
- 2 or more Instructors, as needed, may be on a lesson with an athlete and any required companions from the same household.
- No restrictions on the number of Households on lessons, as long as physical distancing can be maintained
- No more than 6 UNVACCINATED (COVID-19) people may be on any lesson. Fewer is better, to minimize contacts, but any needed companions are welcome and encouraged to join.
- VT Adaptive Health Screen including vaccination status, test results, and symptoms from the last 14 days is required from anyone in contact with a lesson
- No quarantine or testing requirements
- Companions from the same HOUSEHOLD must do ALL close contact work including fitting equipment and clothing, riding tandem equipment, equipment assistance, any other physical assistance and assistance after a fall.
- Only as required, volunteers, staff, and intern instructors may provide limited close contact as required, specifically equipment setup, rescues, and assistance after a fall. No extended close contact, lifts or tandem equipment is allowed, regardless of vaccination status
- Vaccination status does not change any program protocols. Fully vaccinated may travel to and from the state without quarantine or test.
- A 10-foot physical distance should be maintained, whenever possible, between HOUSEHOLDS. Companions from the same household should provide assistance whenever possible.
- When activities require an instructor or different household to be within 10 feet, distance may be entered for no more than 15 minutes a day.
- Masks, consistent with CDC Guidelines, state guidance, and Vermont Adaptive policies, must be worn anytime you are within or may come within 10 feet of another person.
- One person per 50 square feet may be in an indoor space at any one time
- Athletes must meet all Phase 2/3/4/5 Essential Eligibility Criteria.
- No restrictions on availability of transportation.
- Masks and 10-foot physical distancing between households is required during any socializing or congregating. No more than 6 unvaccinated people per group.
- Universal Guidance in effect:
  - 1. Stay home if sick
  - 2. Wear a mask
  - 3. Ensure six foot spaces and uncrowded places
  - 4. Practice good hygiene
  - 5. Think before you travel