



20 23



#SportsForEveryBody

SUPPORT AN ATHLETE TODAY!



DID YOU KNOW?

- Vermont Adaptive provides more than \$80,000 in scholarships annually.
- A sit-ski can cost over \$5,000; and an adaptive mountain bike costs more than \$8,000.
- Vermont Adaptive relies on 400+ highly trained volunteer instructors to lead its programs.
- On average, 5,500 outings are provided annually to people of all abilities, all ages and all walks of life.
- Your donation to Vermont Adaptive ensures that people with disabilities have access to outdoor sports and recreation so that everyBODY can play!





ABOUT VERMONT ADAPTIVE

Vermont Adaptive Ski & Sports is a nationally recognized organization that empowers people of all abilities through inclusive sports and recreational programming regardless of ability to pay.

In addition to sports, year-round programming options throughout the state of Vermont integrate environmental, holistic wellness, and competitive training philosophies for people of all ages with cognitive, developmental, physical and emotional disabilities. We serve clients of all abilities with physical, cognitive and emotional/behavioral disabilities from all over the world

We are recognized nationally for our client-centered programs and for providing access and instruction to sports and recreational activities with the belief that these things provide a physical, mental and social experience that is immeasurable in promoting self-confidence and independence in an individual.

Vermont Adaptive promotes independence and furthers equality through access and instruction to sports and recreational opportunities including alpine skiing, snowboarding, and other winter sports; kayaking, canoeing, stand-up paddle boarding, sailing, cycling, hiking, rock climbing, tennis, horseback riding, environmental programs, CORE Connections wellness retreats, Veteran Ventures programs and more.

With nearly 400 active volunteers, plus generous partners and sponsors, and an amazing base of clients and friends, Vermont Adaptive Ski & Sports has been at the forefront of sports and recreation for those with disabilities for more than 35 years.



#SportsForEverybody

20
23

JAN



Photo Credit: Sevenpair Studios

SUN

MON

TUE

WED

THU

FRI

SAT



NEW YEAR'S DAY 1 2 3 4 5 6 7

8 9 10 11 12 13 14

15 16 17 18 19 20 21

MARTIN LUTHER KING JR. DAY

22 23 24 25 26 27 28

29 30 31





FEB

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

PRESIDENTS' DAY

20

21

22

23

24

25

26

27

28



MAR

20
23



Photo Credit: Sevenpair Studios

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

DAYLIGHT SAVINGS TIME STARTS

19

20

21

22

23

24

25

26

27

28

29

30

31





Photo Credit: Sevenpair Studios

APR

20
23

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30





MAY

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

MEMORIAL DAY

29

30

31



JUN

20
23



SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

10

13TH ANNUAL
VERMONT ADAPTIVE
CHARITY CHALLENGE

11

12

13

14

15

16

17

18

JUNETEENTH INDEPENDENCE DAY

19

20

21

22

23

24



25

26

27

28

29

30



JUL

20
23

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

INDEPENDENCE DAY

4

5

6

7

8

VERMONT 100
ENDURANCE RACE

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31



AUG

20
23



SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31



SEP

20
23



SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

LABOR DAY

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

VERMONT 50
ULTRA MOUNTAIN BIKE & RUN

24

25

26

27

28

29

30



OCT

SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

COLUMBUS DAY
INDIGENOUS PEOPLES' DAY

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

HALLOWEEN

31



NOV

20
23



SUN

MON

TUE

WED

THU

FRI

SAT

1

2

3

4

5

6

7

8

9

10

11

DAYLIGHT SAVINGS TIME ENDS

VETERANS DAY

12

13

14

15

16

17

18

19

20

21

22

THANKSGIVING DAY

23

24

25

26

27

28

29

30





DEC

SUN

MON

TUE

WED

THU

FRI

SAT

						1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

NEW YEAR'S EVE

CHRISTMAS DAY

VERMONT ADAPTIVE
WINTER PROGRAMS BEGIN





PO Box 139 || Killington, VT 05751 || 802.786.4991
vermontadaptive.org



**Deep gratitude and thanks go to our many partners and sponsors,
and especially to the following that helped underwrite this project.**

