



VERMONT ADAPTIVE SKI & SPORTS
VETERAN VENTURES
SUMMER 2024

PROGRAMS ARE FREE FOR ALL VETERANS!



Vermont Adaptive's HIGHLY TRAINED INSTRUCTORS provide sports and recreation year-round to members of the military service and veterans with permanent disabilities. We create a sense of camaraderie with groups whether it's on a daily, weekly or retreat-style basis.



Our Veterans Ventures Program serves to support those military servicemen and women to experience a new sport or excel in an existing one while creating a safe social community of friendship and trust.

VOLUNTEERS NEEDED!

VERMONT 100 ENDURANCE RACE
JULY 19 - 21

RESERVATIONS REQUIRED IN ADVANCE
 CONTACT SSG (RET) MISHA PEMBLE-BELKIN
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JUNE

- 6/3 - INDOOR ROCK CLIMBING AT METRO ROCK - ESSEX
- 6/6 - DUXBURY WINDOW TRAIL - WATERBURY
- 6/7 - OUTDOOR ROCK CLIMBING WITH SUNRISE MOUNTAIN GUIDES
- 6/10 - INDOOR CLIMBING AT METRO ROCK - ESSEX
- 6/13 - CYCLE LAMOILLE VALLEY RAIL TRAIL - JEFFERSONVILLE
- 6/14 - FISHING - NORTHERN VT
- 6/14 & 6/15 - ELEVATE MOUNTAIN BIKE FESTIVAL
- 6/20 - FISHING - NORTHERN VT
- 6/21 - EQUINE AT MOONRISE FARMS - TAFTSVILLE VT
- 6/24 - BOWLING AT SPARE TIME - COLCHESTER VT
- 6/27 - LIFT ACCESS MOUNTAIN BIKING - KILLINGTON RESORT
- 6/28 - OUTDOOR ROCK CLIMBING WITH SUNRISE MOUNTAIN GUIDES
- 6/29 - VERMONT MOUNTAIN BIKE ASSOCIATION DAY AT STRATTON MOUNTAIN RESORT

JULY

- 7/8 - INDOOR CLIMBING METRO ROCK - ESSEX
- 7/8 - AFTERNOON CROSS COUNTRY MOUNTAIN BIKING - CENTRAL
- 7/12 - OUTDOOR ROCK CLIMBING WITH SUNRISE MOUNTAIN GUIDES
- 7/15 - BOWLING AT SPARE TIME - COLCHESTER
- 7/18 - FISHING - NORTHERN VT
- 7/25 - OUTDOOR ROCK CLIMBING WITH SUNRISE MOUNTAIN GUIDES
- 7/26 - MOUNT MANSFIELD SUNSET RIDGE HIKE
- 7/27 - EVERYBODY RIDES WITH AARP VT - LAMOILLE VALEY RAIL TRAIL

AUGUST

- 8/1 - KELLY BRUSH FOUNDATION X HIGH FIVE FOUNDATION HAVE A DAY - KILLINGTON RESORT
- 8/2 - FISHING - NORTHERN VT
- 8/5 - INDOOR CLIMBING AT METRO ROCK - ESSEX
- 8/8 - CYCLING AT LAMOILLE VALLEY RAIL TRAIL- JEFFERSONVILLE
- 8/9 - OUTDOOR ROCK CLIMBING WITH SUNRISE MOUNTAIN GUIDES
- 8/12 - BOWLING AT SPARE TIME - COLCHESTER
- 8/15 - PADDLE BOARDING AT BLUEBERRY LAKE - WARREN
- 8/16 - EQUINE AT MOONRISE FARMS - TAFTSVILLE
- 8/17 - VERMONT MOUNTAIN BIKE ASSOCIATION DAY - BOLTON VALLEY RESORT
- 8/22 - FISHING - NORTH VT
- 8/23 - MOUNT MANSFIELD SUNSET RIDGE HIKE
- 8/29 - OUTDOOR ROCK CLIMBING WITH SUNRISE MOUNTAIN GUIDES
- 8/30 - LIFT ACCESS MOUNTAIN BIKING - BOLTON VALLEY RESORT

