

VERMONT ADAPTIVE SKI & SPORTS



VETERAN VENTURES

SUMMER 2025
FREE FOR ALL VETERANS



Vermont Adaptive's **HIGHLY TRAINED INSTRUCTORS** provide sports and recreation year-round to members of the military service and veterans with permanent disabilities. We create a sense of camaraderie with groups whether it's on a daily, weekly or retreat-style basis.



Our Veterans Ventures Program serves to support those military servicemen and women to experience a new sport or excel in an existing one while creating a safe social community of friendship and trust.

RESERVATIONS REQUIRED IN ADVANCE

Contact **Misha C. Pemble-Belkin**,
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June

Friday 6th 9:30 AM	Outdoor Rock Climbing with Sunrise Mountain Guides - Bolton
Monday 9th 10 AM	Indoor Rock Climbing at MetroRock - Essex
Thursday 12th 9:30 AM	Pickle Ball - Bolton Valley Resort
Thursday 12th 12:30 PM	Lift Assist Mountain Biking - Bolton Valley Resort
Friday 13th 10 AM	Equine at Moonrise Farm - Taftsville
Thursday 19th 9:30 AM	Pickle Ball - Bolton Valley Resort
Thursday 19th 12:30 PM	Lift Assist Mountain Biking - Bolton Valley Resort
Friday 20th 9:30 AM	Fishing at Indian Brook Park - Essex
Monday 23rd 10 AM	Bowling at Sparetime - Colchester
Thursday 26th 9:30 AM	Pickle Ball - Bolton Valley Resort
Thursday 26th 12:30 PM	Lift Assist Mountain Biking - Bolton Valley Resort
Friday 27th - Sunday 29th	Golf and Ride Retreat at Bakersfield Country Club (Bakersfield) and Sterling Ridge Resort (Jeffersonville)

July

Thursday 3rd 9:30 AM	Pickle Ball - Bolton Valley Resort
Thursday 3rd 12:30 PM	Lift Assist Mountain Biking - Bolton Valley Resort
Monday 7th 10AM	Bowling at Spare Time - Colchester



July Cont.

Thursday 10th 9:30 AM	Pickle Ball - Bolton Valley Resort
Thursday 10th 12:30 PM	Lift Assist Mountain Biking - Bolton Valley Resort
Friday 11th 10 AM	Equine at Moonrise Farm - Taftsville
Saturday 12th	Vermont Mountain Bike Association Days at Burke Mountain Resort
Thursday 17th 9:30 AM	Outdoor Rock Climbing with Sunrise Mountain Guides - Bolton
Friday 18th - Sunday 20th	Come Volunteer at the VT 100
Thursday 24th 9:30 AM	Pickle Ball - Bolton Valley Resort
Thursday 24th 12:30 PM	Lift Assist Mountain Biking at Bolton Valley Resort
Friday 25th 9:30 AM	Lift Assist Mountain Biking at Killington Resort
Monday 28th 10 AM	Indoor Rock Climbing at MetroRock - Essex
Thursday 31st 9:30 AM	Pickle Ball at Bolton Valley Resort - No Lessons
Thursday 31st 12:30 PM	Lift Assist Mountain Biking at Bolton Valley Resort - No Lessons

August

Friday 1st 9:30 AM	Outdoor Rock Climbing with Sunrise Mountain Guides - Bolton
Saturday 2nd	Mountain Biking at Thunder Mountain Bike Park at Berkshire Mountain Resort - Charlemont, MA
Monday 4th 10 AM	Indoor Rock Climbing at MetroRock - Essex
Monday 11th 10 AM	Bowling at Spare Time - Colchester
Thursday 14th 9:30 AM	Pickle Ball at Bolton Valley Resort
Thursday 14th 12:30 PM	Lift Assist Mountain Biking at Bolton Valley Resort
Friday 15th 10 AM	Equine at Moonrise Farm - Taftsville
Saturday 16th	Vermont Mountain Bike Association Days at Bolton Valley Resort
Thursday 21st 9:30 AM	Pickle Ball at Bolton Valley Resort - No Lessons
Thursday 21st 12:30 PM	Lift Assist Mountain Biking at Bolton Valley Resort
Saturday 23rd	Vermont Mountain Bike Association Days Stratton Mountain Resort
Thursday 28th 9:30 AM	Pickle Ball at Bolton Valley Resort
Thursday 28th 12:30 PM	Lift Assist Mountain Biking at Bolton Valley Resort
Friday 29th 9:30 AM	Outdoor Rock Climbing with Sunrise Mountain Guides - Bolton
Saturday 30th	Vermont Mountain Bike Association Days at Killington Resort
Saturday 31st	Golf Tournament at Bakersfield Country Club

