



# VERMONT ADAPTIVE SKI & SPORTS VETERAN VENTURES



Vermont Adaptive's **HIGHLY TRAINED INSTRUCTORS** provide sports and recreation year-round to members of the military service and veterans with permanent disabilities. We create a sense of camaraderie with groups whether it's on a daily, weekly or retreat-style basis.



Our Veterans Ventures Program serves to support those military servicemen and women to experience a new sport or excel in an existing one while creating a safe social community of friendship and trust.

## SUMMER 2026 FREE FOR ALL VETERANS

### BOWLING AT SPARETIME IN COLCHESTER MONDAYS AT 10 AM

JUNE 22 • JULY 13 • AUG 3

### PICKLEBALL AT BOLTON VALLEY RESORT THURSDAYS AT 10 AM

JUNE 18, 25 • JULY 2, 9, 16, 23, 30 • AUG 6

### EQUINE AT MOON RISE FARMS IN TAFTSVILLE FRIDAYS AT 10AM

JUNE 26 • JULY 10 • AUG 21

### CYCLING

JUNE 19 CYCLE LAMOILLE VALLEY RAIL  
10 AM TRAIL IN JEFFERSONVILLE

### GOLF

JUNE 12 - 14 GOLF RETREAT WITH 'WHEN  
THE TRUMPETS FADE' IN  
BAKERSFIELD

JULY 24 GOLF DAY AT BAKERSFIELD  
COUNTRY CLUB

AUG 30 GOLF SCRAMBLE AT  
BAKERSFIELD COUNTRY CLUB

### LIFT ASSISTED MOUNTAIN BIKING AT BOLTON VALLEY RESORT THURSDAYS AT 1 PM

JUNE 25 • JULY 2, 9, 16, 23, 30 • AUG 6

### VMBA DAY AT KILLINGTON RESORT AUG 1

### INDOOR ROCK CLIMBING AT METRO ROCK IN ESSEX MONDAYS 10 AM

JUNE 8 • JULY 6

### PADDLING AT INDIAN BROOK RESEVOIR FRIDAYS AT 9 AM

JULY 24 • AUG 7

### OUTDOOR ROCK CLIMBING WITH SUNRISE MOUNTAIN GUIDES IN JEFFERSONVILLE FRIDAYS AT 10 AM

JULY 3, 17, 31

### VOLUNTEER

JULY 18 - 19 VOLUNTEER AT THE VERMONT 100

## RESERVATIONS MUST BE MADE IN ADVANCE!

To make a reservation contact: Misha C. Pemble-Belkin, SSG (USA Retired)

📞 802.770.0445

✉️ veterans@vermontadaptive.org

🌐 www.vermontadaptive.org

